

The below answer sheet is for your own self-assessment.
Please keep your completed questionnaires and answers on file for your record.
These do not need to be sent to CPD Live. CPD-Live will send you certificate.

Considered Bathroom Design for an Ageing Population



1. Name three of the five most common conditions affecting Australians aged 65+?

Arthritis, back problems, heart, stroke and vascular disease, diabetes, mental and behavioural conditions..

2. What are the main impacts of ageing in the context of bathroom design?

Sight, touch, falls.

3. What are the risks of poor vision in the bathroom?

Falls, burns (scalding), not being able to discern between surfaces and forms.

4. Name three bathroom design solutions that support muscle and bone mass loss in older people.

Answers include any three of the following:

Taps in easy-to-reach places; hand shower on rail; grab rails; higher toilet seat; well-placed toilet roll holder; non-slip surfaces; softer materials; rounded edges; storage solutions that include drawers or shallow shelves.

5. How can grab handrails improve older peoples' experiences in the bathroom?

Reduce falls, support for getting into the shower, the bath and using the toilet.

6. How can good storage improve usability and comfort in the bathroom for older people?

One or more of the following – supports recognisability of the room; reduces clutter and mess to lower the risk of trips, slips and falls; subtly supports clinical outcomes