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## Reigniting Regenerative Architecture



**1. Define the term 'Regenerative Architecture'**

Regenerative Design is a principle that calls for the built environment to contribute to systems that renew or replenish themselves.

**2. Who coined the term 'Regenerative Design'?**

John T. Lyle introduced the term in the 1970s.

**3. What does the term 'Whole Life Carbon' refer to?**

Whole Life Carbon addresses operational and embodied carbon emissions together, as well as the interrelationship between them.

**4. What role can regenerative architecture play in reducing greenhouse gas emissions?**

According to the principles of regenerative architecture, buildings can become like living systems, which capture carbon, produce renewable energy, and reduce their carbon footprints.

**5. What role can regenerative architecture play in addressing the problem resource depletion?**

According to the principles of regenerative architecture, because buildings become like living systems, they have the capacity to restore natural systems, rather than deplete them.

**6. Beyond sustainability, what are the other attractions of regenerative architecture?**

Regenerative design is closely related to biophilic design, which is a philosophy that seeks to foster a connection between the built environment and nature. Advocates suggest that, in this way, it has the capacity to contribute to human well-being.